

MASSAGE TREATMENTS

Thai/Swedish Massage	
45 minutes	£50
60 minutes	£58
90 minutes	£80

Deep Tissue/Thai Combination	
Deep Tissue/Back, Neck & Shoulder Massage	
30 minutes	£35
45 minutes	£52
60 minutes	£60
90 minutes	£85

Couples Massage (choice of Thai or Swedish + £5pp for deep tissue)	
45 minutes	£100
60 minutes	£110

Thai Herbal Massage	
60 minutes	£65
90 minutes	£90

Signature Hot Stone Massage	
60 minutes	£65
90 minutes	£90

Thai Foot Massage	
30 minutes	£35
60 minutes	£55

Head Massage	
30 minutes	£35

Divine Body Scrub (combining Swedish Massage)	
60 minutes	£60
90 minutes	£85

Pregnancy Massage	
60 minutes	£60

Welcome to Proud Thai Spa

We aim to offer an unforgettable pampering experience. We are based in the heart of Balham, south west London.

Our mission is to provide a unique environment to clients to help them achieve mental, physical and spiritual well-being through our extensive range of treatments

Opening times

Mon to Sat: 10.30am - 20.00pm
Sunday: 10.30am - 19.00pm



Proud Thai Spa

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Follow us on social media:
@proudthaispa



Scan here to book
your treatment

BODY WAXING TREATMENTS

Full Leg	£30
Three Quarter Leg	£25
Upper Half Leg	£20
Lower Half Leg	£18
Full Arm	£20
Three Quarter Arm	£17
Half Arm	£15
Underarm	
- Strip Wax	£10
- Hot Wax	£14
Upper Back	£15
Lower Back	£12
Bottom	£15
Patch	
- Strip Wax	£6
- Hot Wax	£10

Intimate waxing

Bikini

- Strip Wax	£15
- Hot Wax	£17
- Harley Aloe Wax	£22

High (Extended) Bikini

- Strip Wax	£17
- Hot Wax	£20
- Harley Aloe Wax	£25

Brazilian

- Hot Wax	£32
- Harley Aloe Wax	£38

Hollywood

- Hot Wax	£32
- Harley Aloe Wax	£38

Package Waxing

Strip Wax

- Full Leg & Bikini	£40
- Full Leg & High Bikini	£42

Hot Wax

- Full Leg & Bikini	£43
- Full Leg & High Bikini	£46
- Full Leg & Brazilian	£55
- Full Leg & Hollywood	£55

Package Waxing

Hot Wax

- Lower Half Leg & Brazilian	£45
- Lower Half Leg & Hollywood	£45

Men Waxing

Full Arm	£30
Half Arm	£25
Chest	£22
Stomach	£18
Chest & Stomach	£35
Back	£25
Shoulder	£14
Back & Shoulder	£35
Nose	£8
Ear	£8

LASH & BROW TREATMENTS

Eyebrows Tint	£9
Eyelashes Tint	£13
Eyebrows & Eyelashes Tint	£20
LVL Lash Lift & Tint	£55

LVL & Tint require a 24 hour patch test for first timers

FACE THREADING & WAXING

	Threading	Strip-Wax	Hot-Wax
Eyebrows	£7	£7	£12
Men Eyebrows	£10	£10	£15
Upper Lip	£4	£6	£9
Lower Lip	£3	£4	£7
Chin	£5	£6	£8
Sides	£8	£8	£12
Full Face (including eyebrows)	£20	£25	£30

FACIAL (Caudalie Skincare)

Vinoperfect Facial (Radiance & Anti-Dark Spots)	£58
Resveratrol Face Lift Facial (Anti-Wrinkle)	£65
Premier Cru Facial (Anti-Ageing)	£75
Express Immediate Radiance Facial	£35

NAILS TREATMENTS

Classic Manicure	£20
Gel Polish Manicure	£30
Express Gel Polish Manicure	£23
Classic Pedicure	£30
Luxury Pedicure	£35
Gel Polish Pedicure	£40
Express Gel Polish Pedicure	£33
Shape & Polish Hands	£10
Shape & Polish Toes	£12
Gel Polish Soak Off With Following Treatments	£5
Gel Polish Soak Off Without Following Treatments	£10
French Tip Finish	£10 extra

Package Nails

Classic Manicure & Pedicure	£45
Gel Manicure & Gel Pedicure	£65

SPRAY TANNING (Sienna X)

Sienna X Spray Tan	£25
One Hour Express Tan	£29